

Quality of Life Scale	
(The HHHHHMM Scale)	
Pet caregivers can use this Quality of Life Scale to determine the success of Pawspice (hospice) care. Score patients using a scale of 0 to 10 (10 being ideal).	
Score	Criterion
0-10	HURT - Adequate pain control & breathing ability is of top concern and outweighs all others. Is the pet's pain well managed? Can the pet breathe properly? Is oxygen supplementation necessary?
0-10	HUNGER - Is the pet eating enough? Does hand feeding help? Does the pet need a feeding tube?
0-10	HYDRATION - Is the pet dehydrated? For patients not drinking enough, use subcutaneous fluids daily to supplement fluid intake.
0-10	HYGIENE - The pet should be brushed and cleaned, particularly after elimination. Avoid pressure sores and keep all wounds clean.
0-10	HAPPINESS - Does the pet express joy and interest? Is the pet responsive to things around him or her (family, toys, etc.)? Is the pet depressed, lonely, anxious, bored or afraid? Can the pet's bed be close to family activities?
0-10	MOBILITY - Can the patient get up without assistance? Does the pet need human or mechanical help (e.g., a cart)? Does the pet feel like going for a walk? Is the pet having seizures or stumbling? (Some caregivers feel euthanasia is preferable to amputation, but an animal with limited mobility yet still alert and responsive can have a good quality of life as long as caregivers are committed to helping the pet.)
0-10	MORE GOOD DAYS THAN BAD - When bad days outnumber good days, quality of life might be compromised. When a healthy human-animal bond is no longer possible, the caregiver must be made aware the end is near. The decision needs to be made if the pet is suffering. If death comes peacefully and painlessly, that is okay.
*TOTAL	*A total over 35 points represents acceptable life quality to continue with pet hospice (Pawspice).

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